

HISTORY AND PHYSICAL

THE PATIENT IS A FEMALE 42 YEARS OLDER WITH
HYPERTENSION AND DiAGNOSIS: Acute Hyperventilation WITH
ASSOCIATED SYMPTOMS.

HOSPITAL COURSE: The patient received medications including beta-blockers and ACE inhibitors, along with lifestyle modifications such as a balanced diet and regular physical activity. The primary goal is to prevent a relapse of hyperventilation.

DISCHARGE DISACTIONS: The patient is currently classified as Acute Hyperventilation WITH associated symptoms. The chief complaint is shortness of breath due to the episode.

MEDICATIONS: prescribed beta-blockers and ACE inhibitors; lifestyle modifications include reducing sugar intake and increasing physical activity.

FOLLOW-UP INSTRUCTIONS: Blood pressure and glucose monitoring will be performed at least twice a week for the next 48 hours.

CONCLUSION: The patient is currently in an acute hyperventilation course with associated symptoms. Adherence to the treatment plan is required.